



Cyndi Targosz

SAG / AFTRA

Hair: Blonde
Eyes: Blue
Height: 5' 4"
Wardrobe: 2 or 4 Petite

STARGLOW Prods., Inc.
22647 Ventura Blvd. #502
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FILM:

The VOW – Voices of Women Lead (currently in Post Production) Albyte Media
Indecent Proposal Cyndi as herself, Fitness Celebrity - Adrian Lyne, Director – Paramount
Tough Enough Featured Richard Fleischer, Director – 20th Century Fox
Stop the Clock Lead USC Graduate Film – Los Angeles
Last Sunday Lead USC Graduate Film - :Los Angeles

TELEVISION:

Frequent Guest Expert: Good Morning America, Entertainment Tonight, FIT TV, NBC, CBS and FOX News, Donohue, Joan Rivers-QVC

To Tell the Truth Lead & John 'O hurly, Host (two other actresses pretended to be Cyndi)
Night Court Guest Star Jeffrey Melman, Director - NBC Television
Superior Court Guest Star Edwards/Billett Productions, Syndicated Television
The Young and the Restless Featured Bell-Phillips Productions CBS Television
KCET – Los Angeles Celebrity Guest Host

THEATER:

I'm Blonde One Woman Comedy, opening for Michael Winslow of Police Academy
Bleacher Bums Melody Century City Playhouse – Los Angeles
Romeo & Juliet Juliet AFI Directors Workshop Theater –Los Angeles
The Odd Couple Gwen Pidgeon Lincoln Park Theater
Needles and Pins Silena Henry Ford Museum Theater
Catch Me If You Can Miss Parker Somerset Theater
My Cup Ranneth Over Yucca 4th Street Playhouse

TRAINING: **Bill Hudnet**-Improv-The Groundlings, Los Angeles, **Ted Post**-Scene Study,
Lillian Chauvin-Scene Study/Cold Reading, **Michael McCabe**-Cold Reading,
Carolyn Barry-Commercial

SPECIAL SKILLS:

Radio Former Morning Personality-WNIC, Detroit, **Frequent Guest**- WJR, WNIC, WMJC, NPR
Accents Polish, French, Russian, English-English and Southern
Author 5 Bestselling books, including **Ten Minute Tone-Ups for Dummies (Wiley)**
Dance Modern Jazz , Choreography
Athletics -Certified Fitness Instructor, Kick Boxer, Swimmer, Softball, Volleyball, Racquetball
Producer, writer, choreographer and star of Cyndi's Secret's™ Love Your Curves, Core, ASSets & Best Bust. A four set DVD series. Over a Half Million Sold.

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